## Academic Year 2025/26



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## <u>September 2025 Intake – Reception Year</u>

Dear Parent/Guardian,

Starting school can be both an exciting and worrying time for you and child. Your child is taking a big step and starting a new chapter of their life. We would like to take this opportunity to welcome you and your child to the School Nursing Service. The School Nursing Service provides public health services to children 5 -19 years across Bristol, we will be here to support you and your child as they make their journey through education.

The School Nursing Team is contactable 9:00am - 5:00pm Monday – Friday (all year round) on **0300 124 5816** or by emailing: <a href="mailto:sirona.bristolschoolnursing@nhs.net">sirona.bristolschoolnursing@nhs.net</a> should you wish to discuss any health concerns you may have about your child.

## National Child Measurement Programme (NCMP) and Vision Screening

Every year in England, school children in Reception and Year 6 have their height and weight checked at school as part of the National Child Measurement Programme (NCMP). The information from the NCMP is used by local councils and the NHS to plan the provision of health and leisure services for families to promote healthier growth in children.

Alongside measuring height and weight, your child will also be offered a basic vision screen. NHS guidelines recommend that all children's eyesight is checked in their first year at school with the aim of finding any problems early so that your child can receive effective treatment. If your child is currently wearing glasses, they will not need the check.

In January you will receive further information via school about the National Child Measurement Programme (NCMP) and the Vision Screen.

All parents/carers will be given the option for your child not to take part in either of the programmes by completing and returning the opt-out forms to the school nursing team. If you need further support to complete the forms or if it is needed in an alternative format, please do let us know.

If you would like to find out how else the School Nursing Service can support you and your child, please access the Sirona website at <a href="https://sirona-cic.org.uk/children-services/">https://sirona-cic.org.uk/children-services/</a> or scan the QR code below:



You can also find out more information about the NCMP on our website or scan the QR code below:



If you have any queries, please do not hesitate to contact us.

Yours faithfully,

School Nursing Team