

Year 1– Knowledge Mat– PSHE *Being Me In My World*

Vocabulary

word	definition
belong	To be a member of
rights	Something a person has which can not be taken away from them
responsibilities	Something you are expected to do
consequences	A consequence is what happens immediately after a behaviour . Consequences can be both

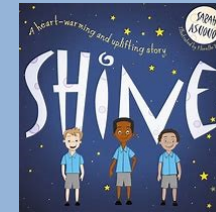
Key Vocab

Safe, special, calm, proud, upset,
disappointed

Focus

- * Understand the rights/responsibilities as a member of a class
- * Understand their views are important
 - Understand their choices have consequences
 - Understand their own rights and responsibilities within the class-room

Interesting Books



Home Activities

Family Discussions:

- What do you do in class to help other children?
- What does it feel like to be safe?
- Can you tell me something you were really proud of?