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Wednesday 4<sup>th</sup> June 2025



Dear Parents/Carers

### Relationships Educations and PSHE

As many of you know, we teach PSHE, (personal, social, health and economic education), using the Jigsaw PSHE scheme. This scheme comprehensively covers this area of the curriculum using a variety of different approaches, such as class discussions, mindfulness techniques, role play etc.

In September 2020, it became statutory for primary schools to teach Relationships and Health education alongside PSHE. The new updated Jigsaw scheme covers these new areas of the curriculum also.

In Relationships Education children will learn about Family relationships, Caring friendships, Respectful relationships, Online relationships and Being safe. These themes are taught in an age-appropriate way throughout the Jigsaw scheme of work.

It is not statutory for primary schools to teach Sex Education.

Jigsaw define Sex Education as teaching about human reproduction and at Summerhill Infant School we do not cover this.

In term 6, the Jigsaw scheme of work teaches the topic, Changing Me. During this topic children in Year One and Year Two will be discussing how people change as they get older, thinking about what they can do now, what they could not do as babies. They will also be learning about the difference between girls and boys bodies and the correct terms for the male and female parts of the body, including penis, vagina, testicles, and anus.

This learning has now been defined as health and science content rather than sex education, so parents no longer have the right to withdraw children from these lessons.

There is a PowerPoint explaining what will be taught. Please click on the below link to access this PowerPoint Presentation;



[PSHE PowerPoint Presentation](#)

Thank you,  
Sarah Harbut, PSHE Lead