

## Services for People Seeking Asylum & Refugees - Bristol area- November 2023

Translated information: <https://bristol.cityofsanctuary.org/what-we-do/bristol-organisations>

**Call Migrant Help 0808 8010 503; 24 hours a day 7 days a week**



**Bristol Refugee Rights** [www.bristolrefugeerights.org](http://www.bristolrefugeerights.org) [info@bristolrefugeerights.org](mailto:info@bristolrefugeerights.org)

**Wellspring Settlement, 43 Ducie Road, Bristol BS5 0AX**

**Mondays and Tuesdays from 10-1 Phone/ WhatsApp 07526 352353.** To get support or to access our services including classes, Pride Without Borders, Young People's Immigration Project

**Wednesdays from 10-12 Advice Drop-in** – Not open to IA hotel residents. Help with accessing healthcare. Casework on complex issues. Referrals for other practical support including phones.

**Thursdays from 10-1 Welcome Centre social space**, hot food, art, games, haircuts, IT café, referrals and signposting. **1.30-2.30 Rockabye Mother and Baby Group** for babies under 1 year old. Self-refer or refer a mother using the number or email above.

A nurturing **crèche** with song, play and learning is available for children to attend while parents access BRR services on Wednesday and Thursday mornings. Ages between 1 - 5 years old.

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**Red Cross Refugee Support** <https://www.redcross.org.uk/get-help/get-help-as-a-refugee>

**Phone 0117 941 5040** [refugeeservicebristol@redcross.org.uk](mailto:refugeeservicebristol@redcross.org.uk)

We will try to be available **Mon, Wed and Fri 11am – 3pm**. If there's no answer, leave a message or write to us, and a caseworker will contact you back.

**Newly Granted Refugee Status:** We can help you apply for benefits, housing, bank account, integration loan and help with family reunion process.

**Family Tracing:** We may be able to help you look for your family in your home country or elsewhere including UK or Europe.

**Destitution:** If you have no income and no other way of getting any, together with other partners in Bristol we may be able to provide you with assistance for a short period of time.



**Refugee Women of Bristol** <https://www.refugeewomenofbristol.org.uk/>

**Phone: 0117 9415867** [info@refugeewomenofbristol.org.uk](mailto:info@refugeewomenofbristol.org.uk)

**Women only Drop-in centre Tuesdays from 10:00 – 2:30 pm, term time only, at Easton Family Centre Bristol BS5 0SQ.** We are delivering ESOL classes, Well-being activities, breakfast, and lunch. Our Community Workers provide practical support and advocacy service in community languages (Somali, Arabic and Mandarin).

**Mend the Gap team** is providing 1-1 support to women experiencing domestic violence. Call Health and Wellbeing Coordinator for referrals on **07735387820**. If you would like to get in touch, please call or email.



**Borderlands The Assisi Centre, Lawfords Gate, BS5 0RE** [www.borderlands.uk.com](http://www.borderlands.uk.com)

**Phone: 0117 904 0479** [hello@borderlands.org.uk](mailto:hello@borderlands.org.uk)

**Welcome Centre every Monday and Tuesday between 10:00am and 2:00 pm;** offering tea, coffee, games, Art, haircuts, volunteering roles, and referrals to other services and support.

**Fresh food every Tuesday between 10:45 -12:30pm and hot food (Halal lunch) 1:00 - 2:00 pm**

**English classes** (Monday, Tuesday and Wednesday) for beginners in English Language and Literacy (Pre-entry and Entry 1)

**The Mentoring Project** provides 1:1 emotional and practical support to asylum seekers and refugees for a period of 6-9 months.

**Feel Good Wednesday** – (on Wednesdays) activities to help relax and improve health. These include yoga, sewing, sleep sessions and fitness classes. We run separate sessions for women and men.



## **Bristol Hospitality Network** [www.bhn.org.uk](http://www.bhn.org.uk)

**Accommodation:** We provide hosting and housing advice and solidarity fund for destitute refused asylum seekers. Referrals accepted from partner organisations and you can self-refer by visiting the Welcome Centre or calling 0117 379 0011 to make an appointment.

**Welcome Centre: Mondays from 11-2pm** at Easton Family Centre, BS5 0SQ for asylum seekers (hot food, ESOL, volunteering, games etc).

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## **Aid Box Community** [www.aidboxcommunity.co.uk](http://www.aidboxcommunity.co.uk)



We welcome refugees and people seeking asylum to the **Free Shop and Welcome hub**, here you choose free clothes, toiletries, household items and other essential living items. **Open**

**Monday - Friday 10.30 - 3.30pm** [freeshop@aidboxcommunity.co.uk](mailto:freeshop@aidboxcommunity.co.uk)

**174b Cheltenham Road, Bristol BS6 5RE; Phone 0117 336 441**

**Activity Groups for Men and Women** – We run a number of weekly social and sports groups and trips for individuals and families in the holidays – for more information contact

[sara@aidboxcommunity.co.uk](mailto:sara@aidboxcommunity.co.uk)

**Befriending Programme - Connections** – We match people seeking asylum and refugees with local people for friendship. Contact Naomi for more information - [naomi@aidboxcommunity.co.uk](mailto:naomi@aidboxcommunity.co.uk)

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## **Project MAMA** <https://projectmama.org>

**Mother Companions Project:** Project MAMA is accepting referrals for pregnant women for one-to-one support throughout pregnancy, labour, childbirth and early parenting. We provide specialist one-to-one support especially to those who do not have birth partners. Referrals can be made via our website.

**MAMAHub: Every Friday during term time from 11am - 2pm from Felix Road Adventure Playground, Felix Rd, Easton, Bristol BS5 0JW**

A space for refugee, asylum-seeking and displaced mamas who are pregnant and with babies under 2 years old. It is a space for peer support & solidarity, where they can enjoy a hot and healthy meal, infant bonding, yoga and other activities. We reimburse bus fares.

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## **NHS The Haven** [www.sirona-cic.org.uk/nhsservices/services/the-haven/](http://www.sirona-cic.org.uk/nhsservices/services/the-haven/)

The Haven is a specialist health service for asylum seekers and refugees, based inside **Montpelier Health Centre, BS6 5PT** Phone: 0300 124 6875 [the.haven@nhs.net](mailto:the.haven@nhs.net)

We assess and meet health needs of asylum seekers and refugees across Bristol, North Somerset and South Gloucestershire. We also help people to access health services and other services they need. Access to the service is by referral either phone or email and clinics are open Monday to Friday 8:30 am to 4 pm

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## **Bridges for Communities** [www.bridgesforcommunities.com](http://www.bridgesforcommunities.com) [info@bridgesforcommunities.com](mailto:info@bridgesforcommunities.com) **Easton Family Centre, BS5 0SQ**

Bridges runs a number of programmes that help people who are seeking sanctuary to connect with their local communities. These include b.friend, which matches asylum seekers with a local volunteer, Walk With Me, Stitching Together, Resettlement Support, Peace Feasts and other one-off events and trips.

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## **Bristol Refugee Festival** [www.bristolrefugeefestival.org](http://www.bristolrefugeefestival.org) [Info@bristolrefugeefestival.org](mailto:Info@bristolrefugeefestival.org) **Docklands Community Centre, St Pauls, BS2 8UA.**

We coordinate a programme of events and activities with community hubs and organisations to connect refugees and asylum seekers to their local communities across Bristol.