

A little bit about us

At our centres you will find a safe & welcoming environment with easy access to a range of activities & information to help you lead a happy, healthy family life.

Services include a variety of groups, family events, 1:1 support & signposting to other services to ensure you and your family get the best experience possible.

We are always keen to know what services **you** would like in your local children's centre! Please pop in and see us, give us a call, drop us an email or send a message via Facebook or our website.

All of our centres are safe spaces

If you are feeling unsafe, please call us or visit your local centre and

Ask for ANI (Annie)

If you are in immediate danger call 999

You can also access support from Next Link on 0117 925 0680



Information, advice & guidance

Support is available to calculate your entitlement to benefits including a better off in work calculation, identifying employment and training opportunities.

For more information, contact 0117 357 4192 or email askcyps@bristol.gov.uk

Safeguarding is everyone's responsibility

Are you worried about a child or young person?
Do you or your child need some help?
Call First Response on 0117 903 6444
(Out of hours emergency team 01454 615165)

Early years SEND support is available at Oldbury Court Children's Centre from the Bristol Portage team. For more information, please visit www.bristol.gov.uk/web/bristol-local-offer/portage-home-visiting-service

Bristol's SEND Local Offer



Specialist feeding support is also available. Please contact your Health Visitor for more information or call 0300 125 6274 (East/Central) or 0300 125 6264 (South)



Community Children's Health Partnership

The Speech & Language team are available for one to one appointments across East Bristol Children's Centres

Please contact us or visit your local centre for more information on groups.

To register your interest for groups that requires booking, please visit www.eastbristolchildrenscentre.co.uk/timetable to complete an

'Expression of Interest' form and we will be in touch when a space is available.

Sessions marked (£) incur an additional charge.



East Bristol Children's Centres

Family Services & Adult Learning Timetable From Monday 4th September 2023



Oldbury Court

Frenchay Road
BS16 2QS
0117 3532899

Speedwell

Speedwell Road
BS5 7SY
0117 9030206

Broomhill

Fermaine Avenue
BS4 4UY
0117 3534276

St. Anne's Park

Lichfield Road
BS4 4BJ
0117 3773189



'Helping children and families be the best they can be'



Keep in touch



[eastbristolchildrenscentres](https://www.facebook.com/eastbristolchildrenscentres)



www.eastbristolchildrenscentre.co.uk

Sign up for our newsletter:

www.eastbristolchildrenscentre.co.uk/email-sign-up





ebcc@bristol.gov.uk

Location	Monday	Tuesday	Wednesday	Thursday	Friday
Oldbury Court	Newborn Hearing Screening (Invitation) 9am - 12.30pm <i>1st Monday of every month</i> Baby Building Blocks (Drop In) 10am - 11:15am <i>Starting 18th September - Ages 0 - 12 months</i> Boogie Disco (Drop In) 1.30pm - 2.30pm <i>Starting 16th October - Ages 18 months +</i> Children's Scrapstore Outdoor Play Session (Drop In) 3.30pm - 5pm - Ages 8+	Childminders Group (Invitation) 9.30am - 11.30am	SEND Rainbows (Drop In) 9.30am - 11.30am Baby Hub (Drop in) 9.30am - 11.30am <i>Last entry 11am</i>	Wellbeing Group (Invitation) 1pm - 2.30pm <i>Starting 21st September</i> <i>For parents to be and for parents with children aged 0 - 5 years</i> Food Club (£) 1pm - 3pm Forest School (Booking) 4pm - 5pm <i>Starting 21st September</i> <i>6 week course / Ages 4+</i>	Twins & Multiples (Drop In) 10am - 11.30am <i>1st Friday of each month</i> <i>Ages 0 - 5 years</i>
		Boogie Disco (Drop In) 10am - 11am <i>Starting 26th September</i> <i>Ages 18 months +</i> Wellbeing Group (Invitation) 1pm - 2.30pm <i>Starting 26th September</i> <i>For parents to be and for parents with children aged 0 - 5 years</i>	Baby Hub (Drop in) 10am - 11.30am <i>1st, 2nd, 3rd</i> <i>Wednesday of the month</i> <i>Last entry 11.15am</i> Welcome To The World (Booking) 4.30pm - 6.30pm <i>15th Nov - 13th Dec</i> <i>5 week course</i>	Rockabye (Booking) 1.30pm - 2.30pm <i>28th Sept - 7th Dec</i> <i>10 week course</i>	Baby Building Blocks (Drop In) 10am - 11.15am <i>Starting 15th September</i> <i>Ages 0 - 12 months</i>
Broomhill	Mums in Mind (Invitation) 9.15am - 11.15am <i>Starting 18th September</i> <i>8 week course</i>	Childminders Group (Invitation) 10am - 11.30am	Newborn Hearing Screening (Invitation) 9am - 12.30pm <i>1st Wednesday of every month</i> Baby Hub (Drop in) 10am - 11.30am <i>4th & 5th Wednesday of the month</i> <i>Last entry 11.15am</i>	Tots Talking (Booking) 10am - 11am <i>Starting 12th October</i> <i>6 week course</i> <i>For parents with children aged 18 months + (no creche available)</i> Stay & Play (Drop In) 1.30pm - 3pm <i>Starting 21st September</i> <i>Ages 0 - 5 years</i>	New Parents (Booking) 10am - 11.30am <i>Starting 29th September</i> <i>6 week course</i>
		Tots Talking (Booking) 9am - 10am <i>Starting 10th October</i> <i>6 week course</i> <i>For parents with children aged 18 months + (no creche available)</i> New Parents (Booking) 1pm - 2.30pm <i>Starting 26th September</i> <i>6 week course</i>	Childminders Group (Invitation) 9.30am - 11.30am	Baby Hub (Drop In) 9.30am - 11.30am <i>Last entry 11am</i>	
ONLINE		Circle of Security (Booking) 12.30pm - 2.30pm <i>17th Oct - 5th Dec</i> <i>8 week course</i>		Parenting Puzzle (Booking) 7pm - 9pm <i>12th Oct - 2nd Nov</i> <i>4 week course</i>	



Everyone is welcome to access 'Drop In' services across all of our sites
 For more information about groups and services, please visit our website
www.eastbristolchildrenscentre.co.uk

How to book - To register your interest for groups that require booking, please visit
www.eastbristolchildrenscentre.co.uk/timetable to complete an Expression of
 Interest form and we will be in touch when a space is available.

What's on in the community for children and families with EBCC...

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday/Sunday
	Food Club (£) 12.30pm - 2.30pm St. Peter's Church, BS4 4NZ	Stay & Play (Drop In) 1.45pm - 2.45pm <i>Starting 20th September</i> Ages 0 - 5 years The Haven at Speedwell (Speedwell Methodist Church) 378 Speedwell Rd, BS15 1ES PLEASE NOTE: <i>This group does NOT run on the first Wednesday of the month</i>		Food Club (£) 12.30pm - 2.30pm The Haven at Speedwell (Speedwell Methodist Church) 378 Speedwell Rd, BS15 1ES	
	Mini Explorers (Drop In) 10am - 11am Hillfields Community Garden at Hillfields Library, BS16 4HL <i>Dates: 24th Oct, 28th Nov, 19th Dec</i> <i>Ages 2 - 4 years (siblings welcome)</i>				

Adult Learning Timetable - Autumn 2023

	Monday	Tuesday	Wednesday	Thursday	Friday
Oldbury Court				Autumn Gardening & Wellbeing (Booking) 10am - 12pm <i>Starting 21st September</i> 5 week course	
St. Anne's Park	Health & Social Care Level 1 (Booking) 9.15am - 11.15am <i>Starting 18th September</i> 5 week taster course				
Community	Paediatric First Aid (Booking) 9am - 2pm <i>Starting 2nd October</i> 3 week course Wick Road Library, BS4 4HE	Brush Up Skills: English (Booking) 9.15am - 11.15am <i>Starting 19th September</i> 12 week course Fishponds Baptist Church, BS16 5AS	Autumn Gardening & Wellbeing (Booking) 9am - 11am <i>Starting 13th September</i> 6 week course Broomhill Juniors School, BS4 4NZ ESOL Beginners (Booking) 9.45am - 11.45am <i>Starting 20th September</i> <i>(Assessment session week before)</i> 12 week course Fishponds Baptist Church, BS16 5AS	Paediatric First Aid (Booking) 12.15pm - 2.45pm <i>Starting 12th October</i> 6 week course Venue TBC - Fishponds/Oldbury Court Area	Maths For Everyday Life (Booking) 10am - 1pm <i>Starting 15th September</i> 10 week course St Peter's Church, BS4 4NZ TO BOOK - CALL SARAH ON: 07721 589956 Festive Fun (Booking) 9.30am - 11.30am <i>Starting 3rd November</i> 6 week course St Peter's Church, BS4 4NZ

TO BOOK - CALL CATHERINE ON: 07785 702454 (unless otherwise stated)
For other Adult Learning courses across Bristol visit: <https://communitylearningwest.net/>

New Parents

Join this 6 week programme and share thoughts and experiences of parenthood with others. We will cover topics such as wellbeing, oral health and baby development.

Suitable for parents/carers with babies up to 6 months old.

Booking required.

Boogie Disco

A fun filled dance and movement group. Expect themed activities each week, instruments and props.

Suitable for children aged 18 months and over. Drop in.

Tots Talking

Come to this 6 week course to discover information and activities to support you to help your two year old get a head start at nursery and school.

Recommended for parents with children ages 18 months to 2 years old. Adults only group. Booking required.

Rockabye

A small 10 week group for parents and babies to enable secure attachment to grow. Meet other parents, time to talk with knowledgeable staff and enjoy interactive activities together.

Recommended for pre crawling babies only. Booking required.

Circle of Security

Circle of Security is a 8 week parent-reflection programme aimed at families with children aged 2 months - 6 years old.

This course offers relationship tools to provide a new way of understanding children's needs with an aim to creating lasting security of children and more satisfaction in parenting. Booking required.

Outdoor Play Sessions

We've teamed up with Children's Scrapstore to bring you a FREE, weekly, activity packed, stay and play!

These sessions are aimed at children aged 8 and over, however younger siblings are welcome with parent/carer supervision.

Mum's in Mind (Invitation)

This 8 week course is a peer-to-peer support group for mums who are feeling anxious, isolated, or are struggling in baby's first two years. Why not join us for snacks, crafts and a chance to meet and talk with other mums in a safe space.

To book your place please call: 0117 950 1170

Forest School

Join us for this new 6 week course on the field at Oldbury Court Children's Centre.

There will be different outdoor activities each week. Expect whittling, camp fires, hot chocolate and more!

Suitable for children aged 4 years and over. Booking required.

Call 0117 353 2899 for more information.

Welcome To The World

This 5 week course is a relaxed way for parents to think about the transition to parenthood and discuss issues that can be a challenge for every new mother and father. You'll meet other parents and each week will have a different focus.

Suitable for parents at around 22 weeks of pregnancy onwards. Booking required.



Parenting Puzzle

Join us for this 4 week online course whereby you will be given the tools to respond effectively within daily family life and situations that arise as children grow, learn and develop.

Suitable for parents with children ages 0 - 5 years old. Booking required.

Baby Hub

A chance to see the Health Visitor for advice and to get your baby or toddler weighed. The Children's Centre team are also on hand to share information about our services if needed.

Suitable for parents/carers with children under 5 years. Drop in.

Wellbeing Group

A small and gentle group for parents-to-be and parents with children aged 0 - 5 years, where you can learn new tools to support yours and your families mental health and wellbeing.

To book a space and/or to find out more: Text Anna on: 07748 106410

Booking required.

Mini Explorers

Join us for this monthly drop in group that focuses on connecting with nature and learning about the outdoors.

Suitable for children ages 2 - 4 years old. Drop in.

Groups and Services Information

Stay & Play

Come along and meet other parents/carers and their children. Enjoy lots of fun activities which change every week and learn more about other services available to you.

Suitable for children age 0 - 5 years. Drop in.

SEND Rainbows

Join us for this Stay & Play session for suitable for pre-school aged children with additional needs and their families. Siblings aged up to 8 years are welcome too!

Drop in.

Food Club

Weekly food club to reduce food waste.

£1 joining fee, £3.50 per food box

Each box offers a range of veg, meat and cupboard essentials worth £10-£15.

Get in touch to find out more and sign up.

Broomhill - 0117 353 4276

Oldbury Court - 0117 353 2899

Speedwell - 0117 903 0206

Baby Building Blocks

Come along and join our Baby Sensory play session and meet other parents/carers in your local community. You and your baby can experience different sensory activities to promote baby development.

Suitable for babies aged 0-12 months. Drop in.

Twins & Multiples

Come along to this monthly group and meet other parents/carers and their twins/multiples. Enjoy lots of fun activities which change every week and learn more about other services available to you.

Suitable for children age 0 - 5 years. Drop in.