

Year 2, Term 1 – Knowledge Organiser – PSHE - *Being Me In My World*

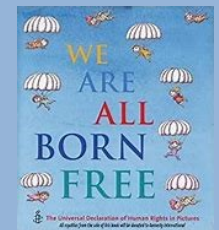
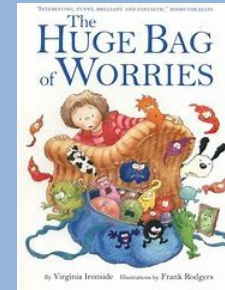
Vocabulary

word	definition
belong	To be a member of
rights	Something a person has which can not be taken away from them
responsibilities	Something you are expected to do

Focus

- To listen to others and contribute ideas
- To identify hopes and fears for the coming year
- To understand the rights and responsibilities of being a member of my class and my school
- To understand the consequences of the choices I make

Interesting Books



Home Activities

- * Discuss with your grown ups , what are your rights and responsibilities at home?

Year 2, Term 2 – Knowledge Organiser – PSHE - *Celebrating Difference*

Vocabulary

word	definition
special	Different from others, unique
kind	Wanting or liking to do good, to bring happiness to others
friend	A person that someone knows or likes. Friends talk to each other or spend time together.
Bullying	Repeated unwanted aggressive behaviour that hurts someone
Diversity	Difference between two or more things.

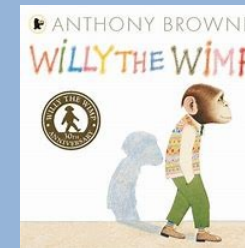
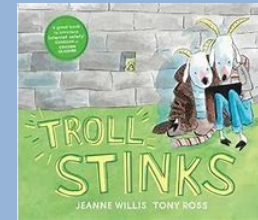
Key Vocab

Boys, girls, similarities, assumptions, stereotypes, special, differences, bully, kind, unkind, feelings, sad, lonely, fairness, unique, friends, value

Focus

- know that there are stereotypes about boys and girls and that is ok not to conform to these stereotypes
- Know it is good to be yourself
- Know that sometimes people get bullied because of difference
- Know where to get help if being bullied
- Know the difference between right and wrong

Interesting Books



Home Activities

- Talk to your grown up about what makes a good friend
- Name your friends and discuss why you like them
- Family discussion: Can we be friends with someone who is different to us?

Year 2, Term 3 – Knowledge Organiser – PSHE—*Dreams and Goals*

Vocabulary

word	definition
goal	Something you want to do, to be or to have and you work towards achieving it
persevere	Continuing to do something in spite of difficulties
Obstacle	Something that stops progress
success	To have a favourable result, to do well
realistic	To see things as they really are and deal with them sensibly

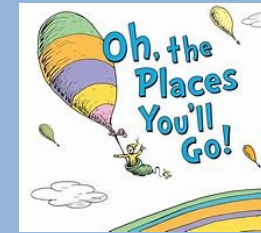
Key Vocabulary

Proud, celebrate, achievement, challenge, partner work, team-work

Focus

- Know how to choose a realistic goal and think about how to achieve it.
- Know that it is important to persevere
- Know how to recognise what working together looks like
- Know how to share success with other people

Interesting Books



Home Activities

- Share your new learning goal with your family
- Set a shared family goal such as , learning a new dance or counting in a different language

Year 2, Term 4 – Knowledge Organiser – PSHE— *Healthy Me*

Vocabulary

word	definition
exercise	Keeping the body healthy through being active
healthy	Being free from sickness, well and fit
nutritious	Providing nourishment to a high degree, having a large amount of vitamins or minerals
medicines	Something , a pill or liquid to prevent , cure or relieve symptoms of an illness
relax	To feel more at ease, to rest by doing nothing or something enjoyable

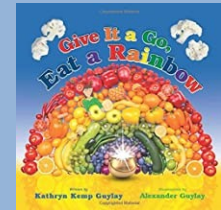
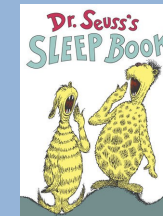
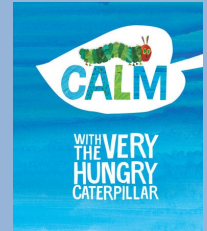
Key Vocabulary

Healthy choices, lifestyle , motivation, tense, calm, unhealthy, medicines, dangerous, balanced diet, portion, energy, fuel

Focus

- Know what their body needs to stay healthy
- know what relaxed means
- Know what makes them feel stressed/relaxed
- Know that it is important to use medicines safely
- Know why healthy snacks are good for their bodies
- Know which foods give their body energy

Interesting Books



Home Activities

- Play an active game
- Help to prepare a healthy meal or snack
- Draw your bedtime routine in the order that you do it
- Make a 'keep your hands clean' poster

Year 2, Term 5 – Knowledge Organiser– PSHE— *Relationships*

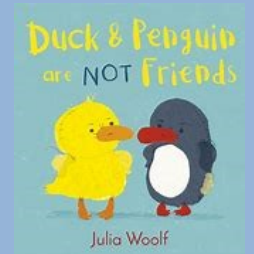
Vocabulary

word	definition
cooperate	The act of working together
conflict	A struggle between people which may be physical or between conflicting ideas
community	A group of people living in a particular area or a group of people with similar interests

Focus

- To identify different members of my family and understand my relationship with them
- To know the importance of sharing and cooperation
- To identify some of the things that might cause conflict with friends

Interesting Books



Home Activities

- Create a family tree for your own family

Year 2, Term 6 – Knowledge Organiser – PSHE— *Changing Me*

Vocabulary

word	definition
Change	To make or become different, to exchange
Male	A man or a boy
Female	A woman or a girl

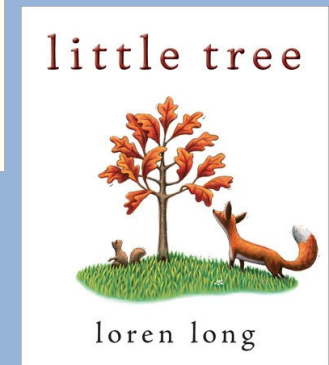
Vocab used:

Penis, testicles, vagina, anus

Focus

- To recognise the cycles of life in nature
- To recognise the physical Differences between boys and girls, and use correct names for parts of the body.
- To appreciate that parts of the body are private

Interesting Books



Home Activities

- Talk with your grownups about any worries you might have about moving to Year Three
- Talk to your grownup about the things you are looking forward to in moving to a new school.