

EYFS (Reception), Term 1 – Knowledge Organiser – PSHE - *Being Me In My World*

Vocabulary

word	definition
belong	To be a member of
rights	Something a person has which can not be taken away from them
responsibilities	Something you are expected to do

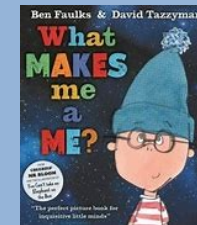
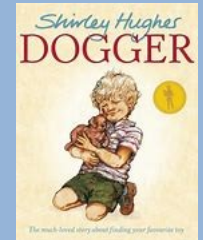
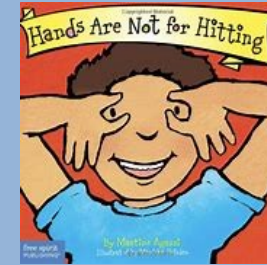
Key Vocab

Kind, gentle, friend, similar, different, feelings, angry, happy, nervous, sharing, taking turns.

Focus

- Know special things about themselves
- Know how happiness and sadness can be expressed
- Know that hands can be used kindly/ unkindly
- Know that being kind is good
- Know that they have a right to learn and play safely and happily.

Interesting Books



Home Activities

Family Discussion:

- What is special about you?
- What sort of things can you do to be kind?
- Listen to The Colour Monster and discuss your feelings

<https://www.youtube.com/watch?v=W6wIEp-M4tg>

EYFS (Reception), Term 2 – Knowledge Organiser – PSHE - *Celebrating Difference*

Vocabulary

word	definition
special	Different from others, unique
kind	Wanting or liking to do good, to bring happiness to others.
friend	A person that someone knows or likes. Friends talk to each other or spend time together.
different	Not of the same kind. Unlike another.
proud	You feel pleased about something good you have done.

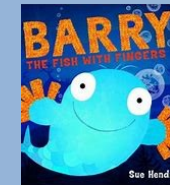
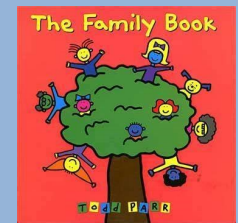
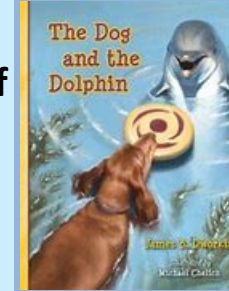
Key Vocab

Different, special, proud, friends, same, similar, happy, sad, frightened, angry, family

Focus

- Know what being proud means and that people can be proud of different things
- Know that people can be good at different things
- Know what being unique means
- Know that families can be different
- Know different ways of making friends
- Know the names of some of the emotions
- Know they don't have to be the same as a friend
- Know some qualities of a positive friendship

Interesting Books



Family Discussion

- Ask all the members in your family what they are good at
- Look at family photos and talk about special times together
- Can you say how you are different to a friend
- What can you do to make a friend?

EYFS (Reception), Term 3 – Knowledge Organiser – PSHE - *Dreams and Goals*

Definitions

word	definition
goal	Something you want to do, to be or to have and you work towards achieving it
persevere	Continuing to do something in spite of difficulties
encourage	To give help or support to
proud	A feeling of pleasure or satisfaction with your own achievement
challenge	A stimulating task or problem

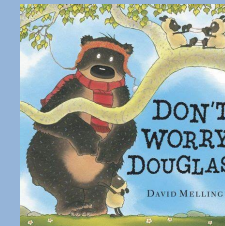
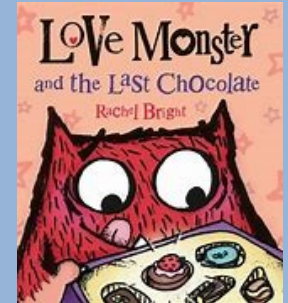
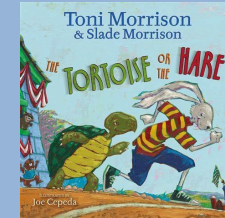
Key Vocabulary

Job, ambition, happy, kind, encourage

Focus

- Know what a challenge is
- Know that it is important to keep trying
- Know what a goal is
- Know how to set goals and work towards them
- Know some jobs they might like to do when they get older
- Know that they must work hard now to achieve the job they want when they are older

Interesting Books



Home Activities

- Set a goal for yourself at home, e.g. tying your laces
- Set a family goal
- Ask you family members what jobs they do

EYFS (Reception), Term 4 – Knowledge Organiser – PSHE - *Healthy Me*

Definitions

word	definition
exercise	Keeping the body healthy through being active
healthy	Being free from sickness, well and fit
germs	A tiny living thing that can cause illness in a person or animal
stranger	Someone you have never met before or do not know at all.

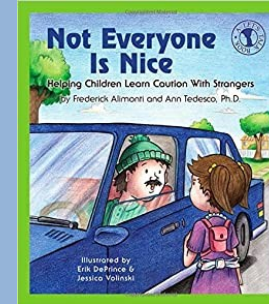
Key Vocabulary

Head, shoulders, knees, toes, sleep, wash, clean,

Focus

- Know the names for some parts of their body
- Know what the word healthy means
- Know some things they need to do to keep healthy
- Know that they need to exercise to keep healthy
- Know how to help themselves go to sleep and that sleep is good for them
- Know when and how to wash their hands properly
- Know what to do if they get lost
- Know how to say No to strangers

Interesting Books



Home Activities

- Play an active game
- Help to prepare a healthy lunchbox for a picnic or for school

EYFS (Reception), Term 5 – Knowledge Organiser – PSHE - *Relationships*

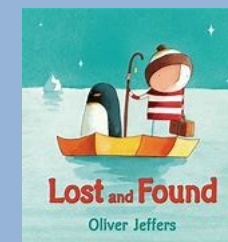
Vocabulary

word	definition
friend	A person who you know well and like and who likes you
lonely	Without company or the sad feeling from being alone
unkind	Not kind

Focus

- To know how to make friends
- To think of ways to solve problems and stay friends
- To know how to be a good friend

Interesting Books



Home Activities

- Look at family photos together. Talk about things you like to do as a family and the role of each family member.

EYFS (Reception), Term 6 – Knowledge Organiser – PSHE—*Changing Me*

Vocabulary

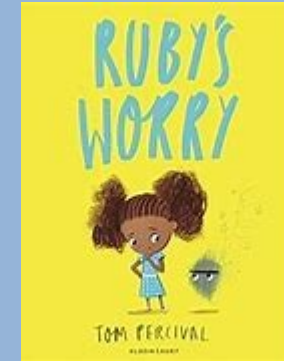
Body vocabulary:

Eye, ear, knee, finger, foot, mouth, nose, stomach, eyebrow, arm, tongue, toe, forehead, chest, hand, leg.

Focus

- To be able to name parts of the body
- To know the foods that are healthy
- To be able to express feelings about moving to Year One and talk about any worries

Interesting Books



Home Activities

- Create a worry box:
- Decorate an old box.
- Write down your worries and post them inside.