

Summerhill Infant School Coverage and progression map for PSHE



	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Reception	Early Learning Goals (linked to subject) <ul style="list-style-type: none"> Give focused attention to what the teacher says, responding appropriately even when engaged in activity, and show an ability to follow instructions involving several ideas or actions Set and work towards simple goals, being able to wait for what they want and control their immediate impulses when appropriate. Show an understanding of their own feelings and those of others and begin to regulate their behaviour accordingly. Be confident to try new activities and show independence, resilience and perseverance in the face of a challenge. Explain the reasons for rules, know right from wrong and try to behave accordingly. Manage their own basic hygiene and personal needs, including dressing, going to the toilet and understanding the importance of healthy food choices. Form positive attachments to adults and friendships with peers. Show sensitivity to their own and others needs Work and play cooperatively and take turns with others. 					
	Me, Myself and I	Once Upon a Time	Food glorious Food	People Who Help Us	Minibeasts	Wonderful Water
	Being Me in my world <ul style="list-style-type: none"> Know special things about themselves Know how happiness and sadness can be expressed Know that hands can be used kindly/unkindly 	Celebrating Difference <ul style="list-style-type: none"> * Know what being proud means and that people can be proud of different things · Know that people can be good at different things · Know what being unique means · Know that families 	Dreams and Goals <ul style="list-style-type: none"> Know what a challenge is Know that it is important to keep trying Know what a goal is Know how to set goals and work towards them Know some jobs they might 	Healthy Me <ul style="list-style-type: none"> Know what healthy means and what they need to do to stay healthy 	Relationships <ul style="list-style-type: none"> To know how to make friends To think of ways to solve problems and stay friends To know how to be a good friend 	Changing Me <ul style="list-style-type: none"> To be able to name parts of the body To know the foods that are healthy To be able to express feelings about moving to Year One and talk about any worries

		<p>can be different</p> <ul style="list-style-type: none"> · Know different ways of making friends · Know the names of some of the emotions · Know they don't have to be the same as a friend · Know some qualities of a positive friendship 	<p>like to do when they get older</p> <ul style="list-style-type: none"> • Know that they must work hard now to achieve the job they want when they are older 			
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Year 1

KS1 National Curriculum statutory requirements

- **PSHE is a non-statutory subject. Schools should tailor PSHE to the needs of their pupils. Relationships education and Health Education is compulsory in primary school. Jigsaw PSHE covers these two statutory areas**

Me and my community	Enchanted Woodland		Going Green	Toys	Castles and Dragons
<p>Being Me in my world</p> <ul style="list-style-type: none"> • Understand the rights/responsibilities as a member of a class • Understand their views are important • Understand their choices have consequences 	<p>Celebrating Difference</p> <ul style="list-style-type: none"> • Know that people have differences and similarities • Know what bullying means • Know who to tell if they or someone else is being bullied • Know skills to make 	<p>Dreams and Goals</p> <ul style="list-style-type: none"> • Know how to set simple goals • Know how to achieve a goal • Know how to work well with a partner • Know that to tackle a challenge will stretch 	<p>Healthy Me</p> <ul style="list-style-type: none"> • Know the difference between healthy and unhealthy • Know how to make healthy lifestyle choices • Know that germs cause disease/illness • Know that medicines can help if they 	<p>Relationships</p> <ul style="list-style-type: none"> • To know how to make a new friend • To identify what being a good friend means • To when help is needed and how to ask for it 	<p>Changing Me</p> <ul style="list-style-type: none"> • To understand the lifecycles of animals and humans • To identify how they have changed since they were a baby • To identify the parts of the body that make boys different to girls

		<p>friends</p> <ul style="list-style-type: none"> • Know that it is ok to be different 	<p>their learning</p> <ul style="list-style-type: none"> • Know when a goal has been achieved • Know how to identify obstacles which make achieving their goal difficult and work out how to overcome them 	<p>feel poorly</p> <ul style="list-style-type: none"> • Know that all household products, including medicines can be harmful if not used properly • Know how to keep safe when crossing the road 		
	Endangered Animals	The Victorians	Being Human	Flight	Dinosaurs	Explorers
Year 2	<p>Being Me in my world</p> <ul style="list-style-type: none"> • Identifying hopes and fears for the year ahead • Know it is important to listen to others • Understand their own views are valuable • Know that positive choices impact positively on self-learning and the learning of others. 	<p>Celebrating Difference</p> <ul style="list-style-type: none"> • know that there are stereotypes about boys and girls and that is ok not to conform to these stereotypes • Know it is good to be yourself • Know that sometimes people get 	<p>Dreams and Goals</p> <ul style="list-style-type: none"> • Know how to choose a realistic goal and think about how to achieve it. • Know that it is important to persevere • Know how to recognise what working together looks 	<p>Healthy Me</p> <ul style="list-style-type: none"> • Know what their body needs to stay healthy • know what relaxed means • Know what makes them feel stressed/relaxed • Know that it is important to use medicines safely 	<p>Relationships</p> <ul style="list-style-type: none"> • To identify different members of my family and understand my relationship with them • To know the importance of sharing and cooperation • To identify some of 	<p>Changing Me</p> <ul style="list-style-type: none"> • To recognise the cycles of life in nature • To recognise the physical Differences between boys and girls, and use correct names for parts of the body. • To appreciate that parts of the body are private

		<p>bullied because of difference</p> <ul style="list-style-type: none">• Know where to get help if being bullied• Know the difference between right and wrong	<p>like</p> <ul style="list-style-type: none">• Know how to share success with other people	<ul style="list-style-type: none">• Know why healthy snacks are good for their bodies• Know which foods give their body energy	<p>the things that might cause conflict with friends</p>	
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