

Summerhill Infant School



PSHE

Rationale

'Inspiring, nurturing and supporting each child, every day to develop citizens for the future.

Our School lays the foundation for a lifetime love of learning'

At Summerhill Infant School our aim is that PSHE will enable our pupils to develop and grow into healthy, independent and responsible citizens in society. We aim to teach children about their rights and responsibilities, and to understand how to maintain healthy relationships with others. We aim for our pupils to become positive members of our diverse and multi-cultural local community. Through our teaching of PSHE we hope to develop the emotional intelligence and resilience of each child, building on self-esteem and self-confidence.

Intent

We teach PSHE using the Jigsaw PSHE scheme of work.

With strong emphasis on emotional literacy, building resilience and nurturing mental and physical health, Jigsaw comprehensively equips us to deliver engaging and relevant PSHE within a whole-school approach. Jigsaw lessons also include mindfulness allowing children to advance their emotional awareness, concentration and focus and promotes the practices to support wellbeing. Whole school wellbeing practices, safeguarding, British Values, our whole school ethos, relationships and health education and RE (SMSC) also feed into our PSHE.

Implementation

PSHE is taught using the Jigsaw PSHE scheme of work. Comprehensive lesson plans, resources support teachers in delivering high quality PSHE lessons. It is taught discreetly and weekly, with reference to the Jigsaw charter.

Jigsaw consists of six half-term units of work (Puzzles), each containing six lessons (Pieces) covering each academic year.

Term 1: Being Me in My World

Term 2: Celebrating Difference (including anti-bullying)

Term 3: Dreams and Goals

Term 4: Healthy Me

Term 5: Relationships

Term 6: Changing Me (including Sex Education)

Impact

From their starting points children will develop an understanding of themselves and a respect for themselves and others. The children will understand how their choices in the way they behave will impact on others and will be able to express why some choices are better than others. The children will understand how to work effectively in a group and also how to be a good friend to those around them. They will understand that some relationships are special and be able to explain why these relationships help them to feel safe and special. They will know about a range of ways in which they can keep their body healthy.