

Summerhill Infant School



PE

Intent

***Inspiring, nurturing and supporting each child, every day to develop citizens for the future.
Our School lays the foundation for a lifetime love of learning.***

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect. (National Curriculum)

At Summerhill Infant School, we value the children's engagement and enjoyment of the P.E. curriculum. Our curriculum is inclusive and allows all pupils to access a range of physical activities which enables our pupils to be physically active. All pupils are willing to practice and take part in different activities and situations, alone, in small groups and in teams, applying skills to achieve high levels of performance. Our P.E. curriculum allows the children to learn about the importance of healthy lifestyles, self-expression, and decision making. We encourage pupils to be active throughout P.E lessons and develop their creativity and imagination in tactics and choreography. Our pupils will know how to collaborate and cooperate as part of an effective team, understanding fairness and equality of play to embed life-long values.

Implementation

EYFS (Reception) -

The most relevant statements for PE are taken from the following areas of learning: • Personal, Social and Emotional Development • Physical Development • Expressive Arts

P.E. is taught and provides opportunities for EYFS teachers to identify children's learning across these areas. Children attend weekly P.E. lessons which they get changed for. Children have a range of other learning opportunities to prepare them for KS1 curriculum – such as access to the Trail Blazer, playground bikes and climbing area – as well as weekly P.E. lessons where they develop focused skills such as balance, coordination and speed.

Key Stage One (Year 1 & 2)

Opportunities are provided for the children to:

Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities. Weekly Real P.E. lessons build children's breadth of skills, and children are challenged to use these skills in a variety of contexts such as on the large balance equipment.

Participate in team games, developing simple tactics for attacking and defending. P.E. lessons give children a variety of team games to play, with children taught to compare their performance with their own personal best as well as others.

Perform dances using simple movement patterns. Real P.E. lessons includes dance elements, and these are enhanced with regular dance and yoga lessons, which focus on developing children's balance, co-ordination and agility.

The daily curriculum is enhanced by:

Brain breaks, using resources such as Super Movers, Go Noodle, and Cosmic Yoga.

Sports day – children compete against other teams.

Afterschool clubs – teaching gymnastics and fencing.

Playground opportunities to use different P.E. equipment and skills creatively.

Impact

Children can both explain and demonstrate the P.E. skills they have had the opportunity to develop while at Summerhill Infant School.

Clear progression can be seen in the skills children can show from reception to year 2.

Children show respect for others by working and collaborating with their peers and adults.

Lessons are calm, well paced and challenging for the children.

Children are able to comment on their own performance in P.E. tasks and on the performance of others.

Children can reflect on how they and other children have performed a task against a criteria.

They can suggest ways to improve a performance and listen to others.

Children can reflect on the strengths and weaknesses of their P.E. work, such that they can embrace new ideas and continually evolve existing skills and techniques.

Children show a keen interest in learning a wide variety of P.E. skills and strategies, and that they are confident with these skills as they move into KS2.

EYFS (Reception) and Key Stage One (Year 1 & 2) use Target Tracker to assess P.E. Evidence is collected using photos which can be accessed through target tracker and P.E. work is celebrated through each class's learning environment